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Tuesday,
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News worth sharing.



Winning. Feeling

► Edmonton Eskimo Damaso Munoz, centre, celebrates his interception yesterday with teammates David Pittman, left, and JC Sherritt as Calgary Stampeder Nik Lewis walks away during second-half CFL football action in Calgary.

JEFF MCINTOSH/THE CANADIAN PRESS

Esks rout rivals in Labour Day Classic

The Edmonton Eskimos beat the Calgary Stampeder 35-7. For more on the game, see page 25.

Shooting again in Hobbema

- Woman shot dead near scene of July death
- Persons of interest not co-operating: Police



**SHELLEY
WILLIAMSON**
@METRONEWS.CA

RCMP are investigating the fatal shooting of a 23-year-old woman on the Samson Cree Nation early yesterday morning, next door to where a boy was shot dead in July.

Const. Perry Cardinal said the shots were fired from outside the Hobbema home, where "some kind of gathering" was happening.

Officers responding around 2:55 a.m. found a woman in the yard with gunshot wounds. She was pronounced dead in hospital in Wetaskiwin.

Police have no suspects but Car-

More shots

► RCMP say another set of shots was fired yesterday near a second home a few blocks south of yesterday's fatal shooting.

dinal said they are interviewing "a bunch of people of interest."

The woman is not being identified pending notification of kin.

Police didn't say if they think the shooting is linked to the July 11 killing of five-year-old Ethan Yellowbird, who died from a single shot as he slept. No charges have been laid in that case, though police are probing possible gang activity.

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Dry dorms in high demand

► Requests more than double the rooms set aside ► Survey finds most interest from international students



HEATHER MCINTYRE
@METRONEWS.CA

University of Alberta students are keen to get a taste of dry dorms.

Both alcohol-free and quiet floors are an option in Lister Hall this year, but fewer than half of the students who requested them got their wish.

According to residence services director Dima Utgoff, there were 424 requests for quiet rooms and 220 for alcohol-free.

Three quiet and two alcohol-free floors have room for about 40 students on each. "We wanted to start off relatively small so we could get going and evaluate how it works," said Utgoff. "And see if the demand holds up."

A survey was conducted and a decision made last winter because a number of the 1,800 Lister residents

The rules

► Detailed rules will be worked out in the next couple of weeks, but Utgoff said there will be "no use or possession of alcohol" on the alcohol-free floors.

► Residence at the Augustana campus in Camrose is alcohol-free, while Grant MacEwan University prohibits liquor in public areas, kegs and drinking games.

were moving out after one semester.

Freshman Michelle Lee, who moved onto the ninth floor of Kelsey Hall yesterday, made the request because she doesn't drink.

Chinese exchange student Xzaqing Chen, 18, initially requested a quiet floor. "I'm happy I live on the alcohol-free floor," she said. "Maybe they'll have less parties."



► The ninth floor of Kelsey Hall is one of two floors in the four-tower Lister Hall residence that is alcohol-free this year. There are also three floors designated as quiet areas.

Adopt a cat, save fees

The Edmonton Humane Society is hoping a football theme will help score cat adoptions.

Adoption fees will be waived today for all cats over six months with an Eskimo player's name and tomorrow for six-month-plus felines with a cheer team member's moniker. Any felines adopted

75%
of Edmonton Humane Society animals up for adoption are cats.

Thursday will have fees halved or waived via a "coloured-ball game."

● METRO



► Eskimo Patrick Kabongo with Curious Georgina.

News in brief

Police probe collision

Edmonton police are probing a crash on Gateway Boulevard around 9:30 p.m. Sunday that sent a man to hospital after hitting a parked tractor trailer. Police said they are investigating to see if

the driver was racing.

Crash near lake kills two

RCMP said a 28-year-old Edmonton man is dead following an apparent head-on collision near Sylvan Lake yesterday morning. The crash, which also killed a female driver in her 50s, happened around 8 a.m. on Highway 11.

● METRO

1
news



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Toronto's Labour Day parade gives hundreds a chance to say thank you to the late Jack Layton. Video at metronews.ca

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'Homeless hero' jailed for assault

- ▶ Saved two from drowning in Red River in 2009
- ▶ Plagued by alcoholism and other personal tragedies



JAMES TURNER

@METRONEWS.CA

METRO CANADA IN WINNIPEG

A man known affectionately across Canada as Winnipeg's "homeless hero" has been ordered to serve six months in jail following a violent panhandling run-in with a city doctor.

Faron Hall, 48, was arrested downtown May 30 and has been locked up since. He recently pleaded guilty to a charge of assault.

The victim and her two kids were getting into their car after shopping when Hall approached and put his hands out as if to ask for money, court heard.



▶ Faron Hall

The doctor, described as "a good-natured person," apologized, telling Hall she had no cash, and reached to give him apples instead.

Hall grew angry and "slammed the door on her,

pinning her between the car and the door," according to Crown attorney Susan Helenchilde.

Hall's heroics for diving into a freezing Red River to save a young man in May 2009 won him official honours from the City of Winnipeg, along with national attention. Months later, he also rescued a friend.

"It's very sad that it's come to this and that he's engaged in this sort of behaviour, having established himself in such an admirable way," said Helenchilde.

Hall was credited for the four months served and will remain in jail for another 60 days.

Moving. On



▶ From right to left, Mike Layton, Ontario NDP Leader Andrea Horwath, interim federal NDP Leader Nycole Turmel and Sarah Layton march in Toronto's Labour Day parade in memory of Jack Layton yesterday.

DARREN CALABRESE/THE CANADIAN PRESS

Keeping Jack Layton's spirit alive

The memory of Jack Layton loomed at Toronto's Labour Day parade yesterday. Thousands of people, many clad in orange, moved from downtown to the CNE in the parade dedicated to the late NDP leader, who died from cancer last month.

Leadership not for Chow

New Democrat MP Olivia Chow says she won't be a

candidate to succeed her late husband, Jack Layton, who died last month from cancer. "We have a lot of capable people that can be leader. That's not my role,"

she said in an interview with CBC. Quebec MP Thomas Mulcair and party strategist Brian Topp are among several contenders.

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Mubarak trial erupts in chaos

DIMITRI MESSINIS/THE ASSOCIATED PRESS



► A woman holds a relative's photo yesterday.

A senior police officer said there were no orders to shoot protesters in Cairo's

Tahrir Square in startling testimony yesterday at the trial of ousted President Hosni Mubarak on charges he was complicit in killing Egyptians involved in the uprising against his rule. Gen. Hussein Moussa said police were ordered to use only tear gas and rubber bullets and resorted to live ammunition only to protect police stations.

Outside the trial, hundreds of relatives of protesters killed in the uprising clashed with police and tried to force their way in. **THE ASSOCIATED PRESS**

Gadhafi reps sought arms: China

FRANCOIS MORI/THE ASSOCIATED PRESS

► Rebels seek improved ties with China

China confirmed yesterday that representatives of Libyan dictator Moammar Gadhafi visited in July in a bid to buy weapons, news that could further damage Beijing's relations with the new opposition government in Tripoli.

Although China insists no weapons were delivered, a spokesman for the Libyan opposition said there is evidence that Chinese companies shipped

weapons through Algeria to Gadhafi's forces after the outbreak of the uprising, in violation of a UN arms embargo.

Rebel military spokesman Abdel Raham Busim said documentation was still being collected and the new government was considering bringing legal action against Beijing, possibly at the United Nations.

THE ASSOCIATED PRESS



► A Libyan rebel looks at boxes of shell heads in a Libyan state industrial complex found by rebels in Crimea district, south of Tripoli, on Sunday.



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Future 'bleak' for young workers: Labour chief

Canada could face a labour shortage within five years as baby boomers retire, even as a younger generation of workers confronts a future full of part-time jobs with poor pay and little in the way of a pension, observers say.

Sid Ryan, president of the Ontario Federation of Labour, said he's worried students graduating with a bachelor degree won't find good jobs so they can pay off student loans and build a future.

"The kids today cannot look forward to full-time, decent-paying jobs where you can afford a mortgage, a car," he said. "We are fearful for young workers getting in right now. The future does look very bleak."

Employers are seeking bargaining concessions in two key areas, Ryan said: They want to pay new hires lower wages and offer defined-contribution

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pension plans — a controversial, lower-cost alternative to traditional defined-benefit plans.

Similar demands were at the heart of recent labour walkouts across Canada.

A Harris-Decima Labour Day poll for career resources portal Monster.ca

found that 40 per cent of Gen Y workers — people aged 18 to 30 — aren't working in their preferred field, while 16 per cent have changed jobs five or more times.

And more than one in three people in their 20s said companies don't provide sufficient mentoring or use younger workers to their potential.

After cutting payrolls for the past couple of years, Robert Waghorn of Monster.ca says employers should provide mentoring to retain employees, if only because it's costly to hire and train new workers.

"If they don't take notice what the Gen Y-ers and the boomers are saying about job security, work-life balance, then these guys are going to be walking out the door themselves on their decision," he said.

THE CANADIAN PRESS



► What was in those drinks, anyway? An iPhone 4 prototype was lost in a Redwood, Calif., bar by an Apple employee in March 2010. Now Apple is on the hunt for another smartphone prototype, this one left behind in a restaurant in San Francisco's Mission Hill district.

Apple on scent of lost iPhone 5

- Company enlists police to help find prototype
- Misplaced by employee at San Francisco restaurant

San Francisco police officers helped Apple Inc. investigators look for a missing iPhone 5 prototype that was left in a restaurant in July, the police chief said, the second time in two years the company has lost an unreleased smartphone.

Police Chief Greg Suhr said four plainclothes officers accompanied two Apple investigators who searched a San Francisco home for the iPhone prototype.

The Apple employees conducted the house search after asking the resident's permission, and the officers did not enter the home, police said.

Deja vu

Two men were charged with misdemeanours last week for selling a lost Apple iPhone 4 they found in March 2010 in a bar in Redwood City, Calif. That phone was sold to the gadget blog Gizmodo.com for \$5,000, prosecutors said.

Apple tracked the smartphone to the home using GPS technology, but the gadget wasn't found there. Sergio Calderon, who lives in the home, said he was led to believe all six people were police officers

and would not have admitted the two investigators had he known they worked for Apple.

Apple officials would not comment on the case.

Suhr said it's not uncommon for police to help private investigators. He said he didn't know how the Apple employees presented themselves to Calderon.

"The reason we do civil standby is to make sure there isn't a problem," he said.

Apple, based in Cupertino, Calif., is reportedly planning to release the new version of its popular iPhone this fall.

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Determination helps foreign-trained dentist restart his career in the Prairies

It is likely the first time in three years that Iranian-born Dr. Hooman Mohandesan has strayed from his disciplined path: the newly graduated dentist from the University of Manitoba set out on a rambling road trip from Winnipeg to Montreal to show his visiting mother a bit of his adopted country.

"I have a few weeks' vacation to visit old friends," chuckles Dr. Mohandesan, during a pit stop on a tour that caps a long journey as a foreign-trained dentist in Canada.

Reflecting on the eligibility exams, interviews and the two-year Canadian dental program at University of Manitoba, he notes that, "It's honestly very hard, but when you're done, you feel the joy and pride of this difficult task."

For that reason, Dr. Mohandesan followed a careful regime during those years – focusing on his studies with short work-outs at the gym. "Since there was no guarantee that I would be accepted to the program on my first try, I concentrated on the exams and making contacts to learn the process and prepare myself," he recalls.

While excited to rebuild his career in welcoming, multicultural Canada, the dedicated student struggled to preserve his savings, since he didn't know when he might begin his practice. "It took some time to get used to my new economic status as a student, with all the daily expenses, but no income," he explains.

Fortunately, during an orientation event at University of Manitoba, Dr. Mohandesan met Scott Bollman, Manager of Small Business at Scotiabank's 200 Portage and Main Branch. "I liked the interaction with Scott at our meeting," says Dr. Mohandesan. "Since as a newcomer I was not very familiar with the Canadian financial system, I had a lot of questions, and Scott was very patient throughout our discussion about student loans and banking options."

Scott explained the *Scotia Professional*[®] Student Plan, tailored for students like Dr. Mohandesan who were completing a professional degree, offered tips on affordable Winnipeg neighbourhoods and demonstrated how a Scotiabank line of credit would accommodate his needs.

"He's more like a friend, since I'm really dealing with a human being, not just an institution," says Dr. Mohandesan to describe the responsive Scotiabanker who has also approved him for a VISA card and foreign currency accounts, and provided advice on saving for his future.

"That's how we serve our customers, particularly new Canadians who face many challenges to establish themselves at the beginning," observes Scott. He adds that he offers programs such as the *Scotiabank StartRight*[®] Program¹ for Newcomers, which includes a free day-to-day bank account for one year², a wide range of VISA[®] card options³ and a number of other customized services and benefits.

Although Dr. Mohandesan is enjoying his leisurely family holiday, he's focused on his next steps – a fellowship at University of Manitoba and work at a private dental practice in Winnipeg. His advice to other newcomers: "Concentrate on your goals, learn the process and build good relationships with people who know what to do to get your career or finances in order."

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THIS TIME, IT'S ALL ABOUT YOU

SHE SAYS ...

JESSICA NAPIER
METRO



Humans are social creatures. We crave the comfort of other warm-blooded beings in close proximity. At work we're lauded for our teamwork skills, and at leisure we're obsessed with being connected (virtually or otherwise). And yet, despite our natural desire to seek out togetherness, there is something to be said for being alone.

No, not the sad, weepy, nobody-loves-me kind of loneliness you experience on the first night after a breakup. And not the alone time that you spend tweeting or curating your Facebook profile. I'm talking about legit solitude.

The thought of isolation makes some people very nervous. After five minutes of seclusion we feel panicky, compelled to reach for our phones and connect to the rest of the world. But when we are constantly looking to others to validate our existence,

learning how to be alone is more important than ever.

I often find myself feeling desperate to disconnect and enjoy some solid me time. Not because I'm antisocial and wallowing in self pity (I'm looking at you, Bridget Jones, singing All By Myself into a tub of ice cream) but because in everyday life there is a constant pressure to be on. Sometimes I just need to switch off.

It's so important to take time off from the daily performance of being a best friend, a lover, a co-worker, and to allow ourselves to just be. Whenever I'm by myself, I find time to do all those things I've been meaning

to do, or I find time to do nothing at all.

Whether I'm more relaxed or more productive, I'm ultimately more myself when I'm alone than at any other time.

Single living, if your budget allows, is a marvelous luxury. You have total freedom to live by your own rules: Make a mess, go out all night, sleep all day (diagonally if you're so inclined), have cereal for dinner, listen to awful music and decorate however you please.

And if you become unsatisfied with your solo time indoors, the city can be a wonderful place for loners. You can wander unnoticed in the crowded streets, disappear in darkened movie theatres, slip into near-silent art galleries and forget the rest of the world.

Solitude in large doses may not be for everyone, but to be alone by choice — in a content and meaningful way — is an essential part of the human experience.

Read more of Jessica Napier's columns at metronews.ca/shesays

Booking a long list of 'buddies' to reading club

NEWS WORTH SHARING

If you think libraries are full of dusty books and strict librarians, think again.

For a group of Edmonton teens, the library is a place to share their love of reading with local chil-

dren.

Teen mentors are the heart of the Reading Buddies program, helping their "little buddies" practise reading, race to win scavenger hunts and write stories about their favourite monsters.

"We get a wide range of kids attending the program, from children with autism to English

language learners, and the teens are true mentors to all of them. They really make the library a fun place," says community librarian Laura Young.

With their passion and enthusiasm, Reading Buddies volunteers are spreading a love of reading to kids in Edmonton — inspiring the next gen-

eration of lifelong book lovers.

CRAIG AND MARC KIELBURGER

Email us for more information and to get involved. Help the good news get around. Send your stories of local heroes and positive action to goodnews@metowe.com and we'll share them right here.

Tweets

- **@mykidsmom383:** Spotted: Steve Staios at Hockey Life in south Edmonton common. #oiliers #yeg
- **@DustinDuniece:** Drinkin beers with no shoes on at the symphony, God Bless Edmonton and God Bless Alberta ! #yeg
- **@JillMSwenson:** there aren't many better ways to spend a long wknd in #yeg than sitting in the river valley w/ a coffee in one hand and Macleans in the other
- **@ShutterMaki:** Can't believe what a beautiful day it is turning out to be! I think this calls for a cone of gelato somewhere...soon! #yeg
- **@erikholmund:** Dock and boat are out of the lake. Summer's over and it's time to put up the boards for the backyard rink. #yeg
- **@sweet_melanie:** what a beauty of a day in #yeg today! and I'm inside packing for my trip to Oliver, BC. it's gonna be +35, yay!!!
- **@kenmnichols:** Long bike ride with the fam to Hawreluk Park and back #feedthebirds #yeg #suts #imtired
- **@lsquaredstyle:** I have to rant for a sec. What's w/ the DQ on the corner of Whyte and 104th (in #yeg)? I understand econ but am disappointed with choice!

Cartoon by Michael de Adder



WEIRD NEWS

Fact: You can earn respect by eating chicken wings

The Black Widow of eating contests has scarfed down 183 chicken wings in 12 minutes to break her own world record set last year in Buffalo, N.Y.

Sonya Thomas took home first place Sunday at the 10th annual National Buffalo Wings Festival. She beat eating marvel Joey

(Jaws) Chestnut, who came in second with 174 wings.

The two won titles at the July 4 hotdog-eating contest on Coney Island.

The 100-pound Thomas of Alexandria, Va., is the reigning wing-eating champion. She downed 181 wings to win the 2010 contest.

Thomas is called the Black Widow because she often beats male competitors in eating contests.

THE ASSOCIATED PRESS



► Sonya Thomas chews toward a win in this file photo.

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scene

Box office



According to studio estimates Monday, the acclaimed drama *The Help*, about Southern black maids, took in \$19 million over the long holiday weekend.

THE ASSOCIATED PRESS



Pacino calls his *Wile Salome* an 'ambitious and complicated' cinematic gesture.



► Tom Hardy, left, and Joel Edgerton star in *Warrior*.

Training to be a warrior

► Tom Hardy and Joel Edgerton play battling brothers in a film about fighting and family



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METRO WORLD NEWS IN HOLLYWOOD

For *Warrior*, actors Tom Hardy and Joel Edgerton face off as mixed martial arts fighters — and brothers — trying to punch, kick and grapple their way to a better life. But just because they can pass for lethal, musclebound cage-fighters on screen doesn't mean either is ready for a career change. "Any one of

you guys could beat me up right now," Edgerton says, sizing up the reporters and publicists in the room, who smile back nervously.

While he's still in peak shape for his next role, Hardy agrees, explaining that the first thing they learned was how little they knew. "You know that we trained because now we know even less about fighting than we did when we started," Hardy says.

If leaked online footage is any indication, the quiet

guy taking Hardy down these days is Christian Bale, whose *Batman* goes toe to toe with Hardy's freakishly strong Bane in the *Dark Knight Rises*, currently filming — though the only thing Hardy will say about that project is that he "can't talk about it at all."

The third of Christopher Nolan's *Batman* films isn't the first time Bale has gotten in Hardy's way, so to speak, as *Warrior* was originally set to come out last year, but an unfortu-

nate coincidence led to it being delayed. Edgerton explains: "As they got closer to any kind of finished form of the movie, this film called *The Fighter* came out — a little family drama that centres around a bit of fighting. They're completely different movies, but on a trailer or on paper, the supposition is they're the same thing."

Hardy summed up the similarities more succinctly: "Two brothers fight," he said. "But Christian Bale

obviously is going to win an Oscar, so let's not put ours out now."

How big of a delay are we talking? Hardy actually filmed *Warrior* before joining Nolan's *Inception*. So while *Warrior* and the *Dark Knight Rises* have meant lots of weight training for Hardy, he's had some rest in between. "It was like putting on a pair of slippers and a robe and, like, rubbing myself in lavender oils," Hardy says of the transition.

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DVD Releases

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Hanna
Genre: Action
Director: Joe Wright
Stars: Saoirse Ronan, Cate Blanchett, Eric Bana
●●●●

Hanna is Little Red Riding Hood by way of Frankenstein. If this sounds like one fractured fairy tale, it is — and it's also a thriller where the women are tougher and wilier than the men.

These wildly disparate elements successfully blend in part because director Joe Wright doesn't force them, at least until the theme park denouement where Cate Blanchett is literally framed by her wolf metaphor.

There's natural interplay between the almost medieval world we're presented with at the outset and the modern one it turns into. Contradictions collide and connect in the screenplay, much the way the throbbing score by the Chemical Brothers suggests both innocence and menace.

What really pulls the package together, however, is the chase between Saoirse Ronan's feral title anti-hero and Cate Blanchett's bloodless CIA agent Marissa.

For much of the film, we're not sure exactly who is after who. Call it Red Riding Hood vs. Big Bad Wolf, or vice-versa; it's a rare example of two great female actors driving an action pulse-raiser.

Extras include deleted scenes, an alternate ending and director's commentary.

● PETER HOWELL

X-Men: First Class
Genre: Action
Director: Matthew Vaughn
Stars: James McAvoy, Michael Fassbender, Jennifer Lawrence
●●●●

Here's a welcome exception to the brainless blockbuster phenomenon.

It's so smart, in fact, that newcomers to the X-Men saga might well be advised to do a little advance homework, or risk missing all the subtle connections and foreshadowing of things to come.

Set mainly in the Cold War combustion of 1962, the movie is a reboot of a Marvel Comics franchise that had worn out its welcome. Director Matthew Vaughn brings similar freshness to this comic creation as he did to Kick-Ass, and manages to do so while hewing to the saga's serious dramatic intent.

The film's two main characters, James McAvoy's Charles (later Prof. Xavier) and Michael Fassbender's Erik (later Magneto), seem like char-

acters out of a Dickens novel, being two mutant lads of differing birth circumstances yet following parallel (and perilous) life paths.

Playing both the best of friends and rivals, McAvoy and Fassbender are the dramatic anchors of a committee-written script that often threatens to sink under the weight of incident and personnel.

The movie fairly rockets, at least for its first hour.

Extras include deleted scenes.

● PETER HOWELL

Certified Copy
Genre: Drama
Director: Abbas Kiarostami
Stars: Juliette Binoche, William Shimell, Jean-Claude Carrière
●●●●

Any numbers of assumptions could be made about Juliette Binoche and William Shimell in Abbas Kiarostami's marvelous puzzle box of a movie.

Their characters may or may not love each other. They may or may not even know each other. They interact in a film that may be comedy or may be drama.

For his first film made outside his native country, and his first in English (but there's almost as much French and Italian), is the Iranian auteur simply playing an elaborate joke? It's possible to enjoy Certified Copy as simply an intellectual exercise, as I initially did; a second viewing prompted much deeper and more satisfying thoughts.

Just one thing is for sure about the movie: Certified Copy is a real triumph.

● PETER HOWELL



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► Madonna

Madonna's new film in need of a prayer

► Directorial debut gets slammed ► Set to come to TIFF

Madonna brought her directorial debut, *W.E.*, to the Venice International Film Festival last week, but the critical drubbing her work received was hardly welcoming.

The film, about American socialite Wallace Simp-

son and starring Abbie Cornish, was dubbed "an extraordinarily silly, preening, fatally mishandled film" by the *Guardian*.

Variety declared that, "Burdened with risible dialogue and weak perform-

ances, the pic doesn't have much going for it."

The singer and first-time director will next head to the Toronto International Film Festival next week, where she's likely hoping for a warmer reception. **● METRO**

Is there beef on the set of Idol?



► Jennifer Lopez

Tensions are high at American Idol as Jennifer Lopez and Steven Tyler prepare for the second season as judges.

"Me and Randy (Jackson) and Steve got into our first fight. I got really, really upset," Lopez tells Ryan Seacrest during a radio interview.

The row was apparently over the audition of a female singer whom Lopez found impressive but Tyler and Jackson wanted to dismiss.

"She was amazing," Lopez says.

"I thought I was being Punk'd. How can we let this girl go? I was upset."

● METRO

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LAPTOPS FOR SCHOOL

WHEN IT COMES TO LAPTOPS, THE OPTIONS RANGE FROM A SIMPLE NETBOOK TO A FULLY-LOADED LAPTOP WITH A LARGE SCREEN. HERE'S HOW TO MAKE THE RIGHT PURCHASE AS YOUR KIDS HEAD OFF TO SCHOOL.

These days when you send your kids off to school, you're not just arming them with some ground rules and clothing for the semester. You've also got to pack them a laptop. New laptops are typically ready for wireless Internet access and allow students to work from anywhere on or off campus. Some classes even require laptops for note-taking, lab assignments, and tests. As you set out to choose a laptop for your college kids, the options (and expense) can seem endless. Should you purchase a fully loaded PC or Mac®? Or does your student only need an inexpensive netbook that will simply connect them to the Internet and allow them to send email and do basic word processing? You'll also need to consider software selection, theft-prevention, online security, and backup so they don't lose those important term papers.

Fortunately, there are some basic steps to follow in determining the type of laptop to buy -- and how to ensure its, and your child's, safety.

1. DECIDE ON A LAPTOP: Most college students will get by with a PC laptop that includes software standards like a word-processing program for all those essays or a spreadsheet program for advanced math classes. If your child is studying graphic or Web design, however, they might need design software and a Mac, the platform that still tends to be favored by creative fields. A netbook might be suitable if they're only writing papers and surfing the Web.

Not every laptop is created equal, so it's helpful to know how to read the differences:

- **Memory:** How much do they need? Probably enough to store items often found on college laptops like MP3s or photos of friends. And depending on their major, they may need extra hard drive space for original creations such as large graphic design files, movies or digital music scores. Consider a laptop with 1GB to 2GB of memory depending on how they'll use the laptop.

- **Size:** What's more important: portability or screen size? Most kids will want a lightweight laptop so they can easily lug it along with the books. But some will prefer the larger 15-inch screen that can make the laptop heavier.

- **DVD burner or multimedia features:** Do they need these extras? For example, do they need a burner to make DVDs for assignments? Or do they need multimedia must-haves like a graphics card with extra memory or connectors, such as S-Video? Chances are this feature will come in handy for presentations they may have to give.

2. PICK A SECURITY PACKAGE: If your kids are among the biggest gamers, online gaming activities involve a lot of time spent from the Internet, which is a source of security threats. Before they go online, make sure the laptop is loaded with anti-virus software, a bot and phishing protection, and an Internet Security suite. These tools protect online communications from major threats and can help Norton Internet Security identify dangerous files that they install and run. Some software identifies files that cannot be deleted.

3. TALK ABOUT PASSWORDS: To play it safe, urge your kids to protect their laptops by setting a login password they have to type every time they log on.

and to letters. If you consider it is laptop working in public, get a laptop lock to a table or desk, unattended even. In general, loaning not a good idea -- download materials, college network's music or software in an unlocked car having it stolen.

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STAPLES

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AGE. College students are the biggest users of digital devices and freeware. Such a lot of downloading and opening them up to before they ever get their brand-new laptop virus, antispyware, and protection. Norton™ and Norton 360™ protect your computers against these threats. For instance, Norton™ security will warn you before you download before it. The program also can be trusted and

4. **CREATE A BACKUP PLAN.** Thumb drives are handy, but they can't store a semester's worth of papers and a serious MP3 collection. If your college kid's laptop does happen to be stolen -- or experiences an unpredictable hard drive crash -- having a backup will make the event less painful. With frequent, automated backups, all their assignments, emails and personal files, like photos, will be stored safely. Norton™ Online Backup is an online service that allows you to automatically back up your data to a secure storage

site. This way, if your son or daughter loses their laptop, they can use a private login to access their data from any online computer.

It's true that picking out a laptop for your college-bound kid isn't as simple as selecting dorm room décor. But with a smart buying strategy that includes security measures, you'll be able to equip them with the tools they need to make it to graduation while protecting your investment along the way. ■

DS AND PHYSICAL SECURITY.



SAFETY IN ONLINE DATING: Online security still counts

When you are online dating, your computer is suddenly the gatekeeper to your social life. You want to make sure your computer stays in tip-top shape, protected no matter what new websites you are visiting, or the new people you are coming into contact with. Some of the most common online threats are spread through email and instant messaging. Make sure you don't let your guard down and fall for a phishing attack in spam email or click a link in either email or an instant message. Don't download files - even if an alert comes up on the site - without double-checking to see if it is real. Use internet security software (and keep it updated) so you are protected whenever you are online.

CYBER BULLYING

Technology gives today's kids more ways to connect, socialize and communicate than ever before, that is the good news. The bad news is that some kids are abusing the technology. One way they abuse it is by cyber bullying. Essentially the new high tech version of the schoolyard bully. Cyber bullying is cruel anti-social behavior perpetrated either online or via

cell phones, often anonymously, mostly by tweens and teens, and sometimes by troubled adults.

Cyber bullies use text messages on cell phones, or email, instant messages, social networking blogs, or Web pages to harass, embarrass, and intimidate other kids. The bullying takes many forms, from spreading false rumors and posting embarrassing pictures of others to sending offensive messages, repeated harassment (sometimes sexual), stalking, threats, and even extortion. Cell phones, PCs and the Internet, tend to give the cyber bully a sense of anonymity, which emboldens him or her to make their offensive behavior more vicious.

GET THE BENEFITS OF TECHNOLOGY, NOT ITS SIDE EFFECTS

With conscientious parenting, we can make sure our children get all the great benefits of today's technology and not its unfortunate side effects.

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TUESDAY, SEPTEMBER 6, 2011

15

Wedding shout-out for Winehouse

CLAIRE GREENWAY/GETTY IMAGES

Mark Ronson took a moment while celebrating his recent wedding to model Josephine De La Baume to acknowledge one absent guest: Amy Winehouse.

"Amy was a great friend of both Mark and Josephine and they would have been thrilled to have her with them at their big day, but sadly it wasn't to be," a source says, according to Us Weekly.

"Amy would definitely have sung one of her hits at the wedding if she were still alive, as she meant so much to both of them. Her death devastated the pair of them."

● METRO



► Mark Ronson

Oscars may be in cards for Eddie

Eddie Murphy may have a new gig as the host of next year's Oscars, according to Deadline.

The Shrek star is reportedly at the top of the list for director Brett Ratner, who is producing the awards

show, and Murphy is said to be "showing interest," sources say.

Murphy nearly secured Oscar gold himself for his role in Dreamgirls, but many believe his poorly received comedy Norbit, released during Academy voting, dashed his chances.

● METRO



Eddie Murphy

Celebrity tweets



Wow, people are being nice to me cause I'm pregnant. Doors being opened, people being helpful etc, its like a whole new world.

@ActuallyNPH



I think I'm gonna start tweeting about things I dig. Not 'shallow graves' or 'tunnels to China', more just random stuff that I like.

@mindykalng

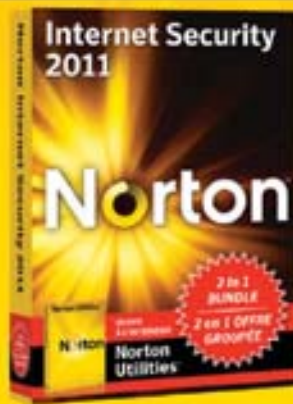


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@mindykalng



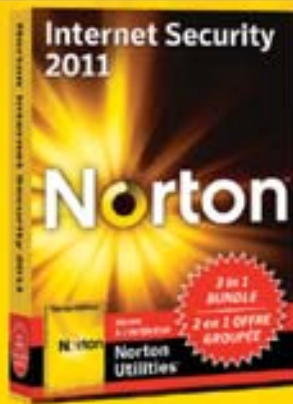
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Last resort for addiction: Intervention

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CELIA MILNE
LIFE@METRONews.ca

"If she doesn't get help real soon, she's not gonna live," says Don about his 26-year-old stepdaughter, Loren. She is an alcoholic in Windsor, Ont., and one of the people whose story is told on the new show Intervention Canada.

As a child, Loren was abused by her grandfather, and in her young life she has already suffered the loss of several people she loved. She is unemployed, with little hope. Her family believes she's close to death. It's time for an intervention.

The new show, featuring people like Loren who desperately need help, premieres in back-to-back episodes this Friday at 8 p.m. ET on Slice.

It deals with Canadians who are addicted to drugs, alcohol or have other compulsive behaviours. Though addiction is common — affecting one in 10 people in Canada — intervention is a last resort and the majority of people never reach that stage, says Andrew Galloway, one of the interventionists on the show and a substance abuse specialist in private practice in Toronto.

"No one grows up want-

By the numbers

While Intervention Canada is all about the worst-case scenarios, serious cases of addiction are common, and are often linked with other mental illnesses. Here are some statistics from the Centre for Addiction and Mental Health in Toronto:

- About 20 per cent of people with a mental disorder also have a substance abuse problem.
- One in 10 people over age 15 report symptoms consistent with an alcohol or drug dependence.
- Only one-third of those who need mental health services actually receive them.

ing to be a crack addict or an alcoholic," says Galloway, who himself is a recovered addict. "They make bad choices. Once they cross that threshold into dependence, they no longer have the ability to make good choices. I know what it's like; I woke up too scared to ask for help, too ashamed to open up."

Galloway hopes the show gives viewers hope that they can live differently.

For more information on the show, visit slice.ca/interventioncanada.



► Andrew Galloway, one of the interventionists on Intervention Canada and himself a recovered addict.

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Putting a scientific spin on great skin

► Take a closer look at your skincare regimen — a dermatologist's touch may be just what you're missing



JANINE
FALCON
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Dermatologist-developed skincare, such as Murad, Dr. Brandt, Dr. Perricone and SkinCeuticals, is a growing beauty category. Canada's expanding list includes blemish-clearing Kellett Skincare, by Dr. Lisa Kellett in Toronto; Riversol, a rosacea treatment line from Vancouver-based Dr. Jason Rivers; and anti-aging Miracle 10, by Dr. Frank Lista, who splits time between Toronto and Mississauga.

But beyond the medical association with dermatologist-developed skincare, what sets it apart from other beauty brands? Higher concentrations of pharmaceutical-grade ingredients, as well as formulations tailored to the doctor's specifications, are usually differentiating fac-

tors. For example, FormulaB, a new acne-easing trio of facial cleanser, toner and treatment cream by dermatologist Dr. Sandy Skotnicki, spins on four per cent benzoyl peroxide, a widely used acne-care antibacterial ingredient (standard drug-store level is two per cent).

Sometimes success comes from an ingredient

rarely found in mass-produced products. Rivers based his Riversol for Rosacea formulation on a red cedar tree molecule he learned about via the department of forestry at the University of British Columbia.

Thujaplicin has antioxidant, anti-inflammatory and antibiotic properties;

Rivers discovered its positive effects on rosacea when afflicted patients using Riversol, which launched in 2006, started to report improvements.

In the case of SkinCeuticals, a high-profile line

launched stateside in 1997, its groundbreaking research and technology put it on the skincare map. Known for potent antioxidant formulas the skin can absorb, the brand sprang from studies delving into

topical vitamin C and its properties.

SkinCeuticals is now owned by L'Oréal and became officially available in Canada via select dermatologist offices and spas just over a year ago.



► Skincare developed by dermatologists is on the rise.

Saturday, September 10, 2011
ACT Centre, Rundle Park, Edmonton - registration 9:30, walk starts 11 am.

Save time by pre-registering Tues, Sept 6 - Fri, Sept 9
from 8:30 am - 4:30 pm (Rm 3Y18 - Edmonton General - 11111 Jasper Ave)

Walkers who raise \$50 or more will receive a t-shirt and a free BBQ ticket. BBQ tickets can be purchased for \$2.

Parkinson's is a progressive brain disease that affects one in every 300 adults over the course of their lifetime. There is no cure. Parkinson Alberta Society is the only charitable organization in the province providing support and education to Albertans living with Parkinson disease. Parkinson SuperWalk, our largest annual fundraising event, helps us ensure that we are able to provide the support and services necessary to improve quality of life. Join us in stepping up and stepping out with Canadians in over 90 communities coast-to-coast on September 10 to ease the burden and find a cure!

Visit www.parkinsonsuperwalk.ca and get going!

Who are you running for?™
Brian's wife was diagnosed with breast cancer the day before their wedding.

Sunday, October 2, 2011
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Canadian Breast Cancer Foundation
CIBC Run for the Cure™

Tired of discoloured, brittle or thick toenails?

We want to see them.

If your toenails are yellow, thick, or brittle, you may have nail fungus. Not only is toenail fungus unsightly and embarrassing, but it can spread - to your other toes, from foot to hand, or even to family members.

Right now, doctors at Stratica Medical in Edmonton are taking part in a medical research study of an investigational medication for nail fungus that may help. This medication is clear and applied directly to the nail.

Space is limited. Please call **1-888-978-8398** or visit www.ResearchTrials.org to learn more.

Take the Next Step

To learn more, and for a free, confidential pre-screening, please call **1-888-978-8398** or visit ResearchTrials.org

Blueberry Mini Muffins

THE CANADIAN PRESS/H/O



Preparation:

1 Preheat oven to 220 C (425 F). Lightly grease 24 2.5-cm (1-inch) mini-muffin pan cups.

2 In a medium bowl, combine flour and sugar. Make a well in the centre; add milk, egg and melted butter. Stir gently until mixture begins to form a soft dough; fold in berries; spoon into mini-muffin cups, dividing evenly. Bake until tops are

Ingredients:

- 500 ml (2 cups) self-rising flour
- 125 ml (1/2 cup) sugar
- 175 ml (3/4 cup) milk
- 1 large egg, lightly beaten
- 50 ml (1/4 cup) butter, melted
- 375 ml (1 1/2 cups) fresh or frozen blueberries

golden, 14 minutes.
THE CANADIAN PRESS/ B.C.
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LUNCH RUSH

CHRISTOPHER THRALL
FOOD@METRONEWS.CA



As the number of Edmonton restaurants continues to soar, I count one truly delightful result: I can have Greek fare for lunch.

A Greek meal was typically dedicated to a fantastic, hours-long, multi-course feast served



► Beef keftedes with a shrimp skewer, Greek salad, pita and garlic sauce.

► **Sparta Greek Grill**
12208 137 Ave.
780-457-7200
Licensed: No
Categories: Solo, friends, family or co-workers
Price range: Low
Rating: 4.5 out of 5

to a huge group — opa! However, with my half-hour lunch or quick bite with friends, I can binge at Sparta and score all the souvlaki, spanikopita and baklava I can handle for under \$20.

The quality doesn't suffer — Mama cooking be-

hind the counter sees to that — and I mixed and matched beef keftedes (\$10.99) with a shrimp skewer, Greek salad, pita and garlic sauce.

Optional add-ons to Sparta's platters range from Greek potatoes or Spartan fries to dolmades

and calamari.

I figured I could eat 80 per cent of a Greek restaurant menu in about 20 per cent of the time at Sparta. For a Lunch Rush, I could accept that — though I wouldn't mind lingering over that baklava next time!

GIVE WHAT YOU CAN AFFORD

Hi Charles!

Some co-workers and I are having a disagreement about what would be an appropriate amount to give as a cash gift for a wedding. Do you have any insights? Thanks! Niall, Manitoba

Hello Niall,

There is no rule about how much to give, although some people say you have to give at least the cost of your meal.

CHARLES THE BUTLER



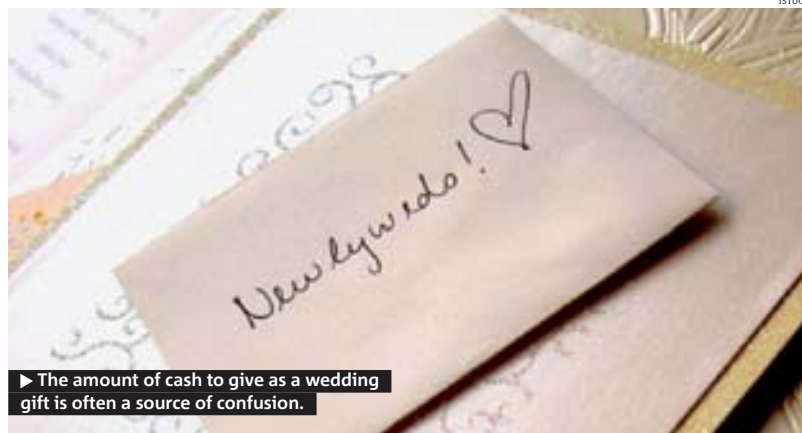
ASKCHARLES
THEBUTLER@
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FOR MORE, VISIT
CHARLES
MACPHERSON.COM

This, however, bothers me. If you invite someone to your wedding, it should

be because you want him or her to join in your celebration, not because you're trying to raise money to cover the cost of the wedding! My golden rule has always been that you should feel comfortable giving what you can afford. It is unreasonable for anyone to expect you to go into debt in order to give a present.

HAVE A QUESTION? EMAIL CHARLES AT
ASKCHARLESTHEBUTLER@
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► The amount of cash to give as a wedding gift is often a source of confusion.



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BACK IN THE GROOVE

RETURNING TO SCHOOL MEANS FINDING ROUTINE FOR ENTIRE YEAR

Getting back into a college or university routine can be tough whether you are coming back from the summer break or returning to education for the first time in years.

Jason Hunter, dean of students at Toronto's Humber College, says the first step should be going to orientation week, a.k.a. Frosh Week.

"People have a perception that orientation is a week of fun and partying, but, in reality, the orientation programs are intended to provide every

student with an orientation to the campus and the resources available," he says.

"It connects students to each other and to faculty."

If you skip orientation week and try to orient yourself later, you will find it much harder and will miss lots of stuff.

"You should recognize all of the resources that are available to you at any college or university. You've effectively already paid for them through your

EDUCATION WORTH THE INVESTMENT

Post-secondary education can cost a lot up front, but experts say it is an investment that will amortize over many years. According to the Ontario Ministry of Training, Colleges and Universities, post-secondary graduates earn \$1 million more over their

lifetime than those without degrees or diplomas. It says the unemployment rate for post-secondary graduates is seven per cent. For high school graduates, it's nine per cent; among high school dropouts, it's 15 per cent.

tuition — take advantage of them," Hunter says.

When it comes to budgeting time and money, think not just for the first week, but the whole year.

"They may have all that (funding) up front and the temptation (to blow it)," Hunter says.

Instead, divide the money by eight months and stick to that budget.

If your classes have regular tests, you might not have to worry about time

management, but if it's slanted to end-of-year work, you need to budget your time so you stay on track from the start. Your school may have programs to improve your budgeting skills.

Rachel Bouska of Alberta's Department of Advanced Education and Technology says going back to school can be especially disorienting if you are an adult returning after a gap of years, perhaps since high school.

Bouska says a lot of back-to-school stress is caused by finances, so students should explore what help is available. There are plenty of academic and athletic scholarships and bursaries for students, and some go unclaimed. Check with your provincial government and post-secondary institution to see what financial help you qualify for.

"There are always supports in place," she says. "A post-secondary education is one of the best investments someone could make." — Jon Tattrie

CRAVING COMPUTERS

DIGITAL SCHOOL OFFERS TRAINING THAT EMPLOYERS ARE LOOKING FOR

Combining design, technology and creativity, Edmonton's Digital School is offering the type of education students are craving.

"CAD (Computer Aided Design) is a really hot career right now and we offer the training that employers are looking for," says Heather Harcott, spokeswoman for Digital School.

Specializing in computer-aided drafting and design training, Digital School is a private vocational college located at #304 10205 101 St.

Formally known as the Alberta School of Drafting, Digital School has provided CAD training to hundreds of students in full-time diploma programs and part-time industry training over the past 25 years.

With its fast-paced and intensive programs, students complete their training in less than one year.

"You are out into the real world making money faster," said Harcott.

Students can go onto careers as an architectural CAD technician, engineering CAD technician, computer-aided drafter, process piping specialization,



ISTOCKPHOTO/THINKSTOCK

gaming design specialization, or sustainable design specialization.

Some of the school's graduates have gone on to work for companies such as ATCO Pipelines, Epcor, and Jayman Master Builders.

Evening or weekend classes are available and are taught by industry professionals. Digital School also offers customized training for individuals and corporate needs upon request.

Applications are being accepted for the Oct. 3 start date. Although the information session for the next intake has passed, Digital School accepts students four times per year.

Prospective students are encouraged to call 780-414-0200 if they have any questions regarding their programs or admissions for the upcoming semester.

— Candice Ward

ACADEMY OF LEARNING UNDERSTANDS YOUR NEEDS

Working around your unique schedule and needs is the pledge of one Edmonton school.

The Academy of Learning understands the needs of individuals and wants to work with you, for you, to get the most out of your education.

"The programs are tailored to fit your schooling around your life," said Heather Harcott, spokeswoman for the Academy of Learning.

The Academy of Learning offers a variety of programs in business, health care and technology, and most of the programs offer a flexible schedule.

There are more than 30 certificate and diploma programs to choose from.

"You decide how you want your learning experience," says Harcott.

Start times for most of the programs are flexible and enrolment is continuous, so students can begin their studies almost immediately.

"It is very flexible and very tailored around the individual," says Harcott.

Specialized programs such as Medical Office Assistant and



DESIGN PICS/STOCK FOUNDRY/VALUELINE/THINKSTOCK

Pharmacy Technician do have set start dates due to classroom set-ups.

Programs are also designed for the student to learn at their own pace and seek assistance when needed.

A Grade 12 diploma or equivalent or mature student status is required for admission, along with a good command of the English language.

Additional requirements may be necessary for some of the specialized programs.

Prospective students have a choice of locations if they choose to continue their education through The Academy of Learning in Edmonton.

The West Edmonton Mall location will hold an information session Sept. 7 from 4-8 p.m. The downtown centre located in the City Centre Mall will hold its information session Sept. 8 from 4-8 p.m.

The south location at #154 6325 Gateway Blvd., will hold its session Sept. 12 from 4-8 p.m.

— Candice Ward

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HEALTHY BALANCE



ISTOCKPHOTO/THINKSTOCK

GET THE MOST BANG FOR STUDY BUCK

If you're one of many students worrying about returning to university or college and handling all of the pressures that come with attending classes, working part time and trying to have a social life, you're not alone.

Dr. Mark Berber, a professor in the Department of Psychiatry at the University of

Toronto, offers the following tips on how to get the most bang for your study buck:

GET A GOOD NIGHT'S SLEEP. Aim for at least eight solid hours per night. Adequate rest will improve your ability to focus on your study materials.

SET ASIDE ENOUGH TIME TO STUDY. Completing assignments and reading background material

is time consuming, so make sure you schedule enough time to deal with all of your coursework.

GET ORGANIZED. It can be stressful to juggle multiple classes and subjects, never mind a part-time job, social life and varsity sports games and practices. A day planner can be a valuable organizational tool.

SET PRIORITIES. Each night before you go to bed, make a list of the things that you need to get done the next day. Then review the

list carefully and put a star by only those items that you absolutely have to get done that day.

MAINTAIN A HEALTHY BALANCE. Although it's important to set aside time to study and do homework, it's also important to have some fun. Going for a run, playing sports, dancing, eating well and listening to music are important ways to relax. If you are relaxed, you will be better able to retain information when you study.



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NOTHING IS PRIVATE

STAY SAFE WHEN SURFING THE NET

Coming across an unflattering photo of yourself on a friend's Facebook or Flickr account during orientation week can be embarrassing for any student.

Prof. Greg Elmer, a cyber privacy expert and director of Ryerson University's Infospace Research Lab/Centre for the Study of Social Media, offers helpful tips on how students can protect their online privacy — and keep those unsavoury pics from going viral.

1 Begin with the assumption that nothing is private on the web. Regardless of privacy safeguards, it is nearly impossible to control your personal information on the web. Once it's out there, it's out there for good.

2 Always completely log out of public computers, especially those in libraries and other high-frequency areas

like university computer labs. You don't want the next user to come along and read through your email inbox. Don't save any passwords on public computers either.

3 Read the privacy terms on websites. While this may seem obvious, studies show that very few users actually take the time to read the privacy policies of sites they use on a routine basis.

4 Check your privacy preferences and choose the settings that reflect your needs and comfort level. Begin with the highest level of privacy and adjust accordingly. Recheck privacy preferences and settings — they often change with little or no notice.

5 Don't click on any links that come from individuals you don't know via email, Twitter or any other website. This is the easiest way for hackers to surreptitiously store information on your hard drive.

6 Routinely search Google, Facebook and other sites to ensure there are no unflattering pictures or blog posts of you on the Internet. You may have no control over someone else posting a picture of you late at night, but you can track these pictures and establish some privacy settings to ensure that they are not spread across the web.

7 This is a no-brainer: Don't share your passwords with anyone. Don't forget to periodically change your passwords.

8 This may strike some as anti-social, but only accept "friends" on social networking sites that you know or have recently met. Having a huge number of friends may seem cool and flattering, but constant spam emails, or worse, may ensue if you accept friends indiscriminately.

9 If you want to discuss something that is personally sensitive — for example, your health, intimate friendships and relationships — pick up the phone and call a close friend or family member. Never post information on the web that you wouldn't want others to see or read. Get in the habit of only using the phone or face-to-face interactions for conversations of an intimate nature. — *Ryerson University*

GAP YEAR TAKES OFF IN CANADA

North America is starting to catch on to the "gap year" syndrome, and for good reason. Amid concerns about dropout rates, researchers say students who go straight to university often find themselves in a program that doesn't interest them, and are more likely to change programs, thus prolonging their degree and increasing their debt level. Experts now say that going straight to university is shortsighted and a year out is the way to go.

Is there a downside to taking a gap year? Not really, according to a 2008 Statistics Canada report published jointly with Canadian Policy Research Networks. The report found that students who delay post-secondary education don't face a disadvantage in the labour market later on — as long as they actually complete their program once started. In fact, a Canadian Council of Learning study found that students who took a gap year were eight per cent more likely to be employed.

Understandably, many parents are a little nervous that their kid will be side-tracked and destined to remain degree-less forever. However, even though there are no formal studies on the number of gap year students who do make their way to university, admissions staff say that only a few drop off the radar. On the contrary, a year out can make kids more focused, better prepared for university life and more likely to complete their university degree. After all, it's not getting into university that counts — it's getting the degree at the end of the line.

For more, see gostudy.ca.



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MUST-HAVES FOR STUDENT LIFE WHEN YOU LEAVE HOME FOR SCHOOL

Far from the comforts of home for the first time, many university- or college-bound students face new challenges and responsibilities not always anticipated — from term papers and study groups, to unforgiving professors, part-time jobs and all the other nuances of newfound independence.

The following checklist features dorm room and apartment essentials that no student should be without. You should always check with on-campus

housing authorities regarding any restrictions on appliances.

EAR PLUGS: Roommates, dorm rooms and apartment complexes are noisy.

COFFEEMAKER: From all-nighters to early classes, keeping a coffeemaker on hand helps keep students awake and cuts down on expensive, coffeehouse brews.

TOASTER: For undergrads, bagels and toast are pretty much a major food group.

FLIP-FLOPS: Community showers are an unfortunate rite of passage for many

dorm dwellers. So always remember to keep a dedicated pair of flip-flops to keep bare feet from touching questionable tile.

EXTRA-LONG SHEETS: When it comes to bedding, just remember: Double-X. Translation? Extra sets of extra-long twin sheets for oddly-sized dorm-room mattresses.

BLENDER: Any mix master knows a good blender is perfect for preparing smoothies, salsas, shakes and more.

SURGE PROTECTOR: It's always a bright idea to bring a power strip with surge protector to help manage today's many electronic needs.

QUARTERS: Sure, home is great for free laundry. But between visits, be sure to have a stash of quarters ready for the laundry room.

— blackanddeckerappliances.com
(Applika Canada Corporation is the exclusive licensee of Black & Decker® Home)

DON'T FALL INTO THE SAME TRAP

COMMON MISTAKES THAT STUDENTS MAKE

Some don'ts of post-secondary life for students:

1 "DON'T CRAM" — All students do it, but Eyobe Melketsadik, a psychology major at Grant MacEwan University in Edmonton, cautions against it. "Maybe you'll pass the test, but you aren't actually learning anything," he says. Study frequently and it won't necessitate cramming.

2 "DON'T SPEND YOUR STUDENT LOAN IN ONE DAY" — A student loan might seem like a financial windfall, but it's meant to last a while, so it's crucial that students budget their money appropriately. If students are unsure of where to start or need some help, most post-secondary institutions have support people to help you with that kind of thing, says Lori Foran, the student life co-ordinator at the Nova Scotia Community College.

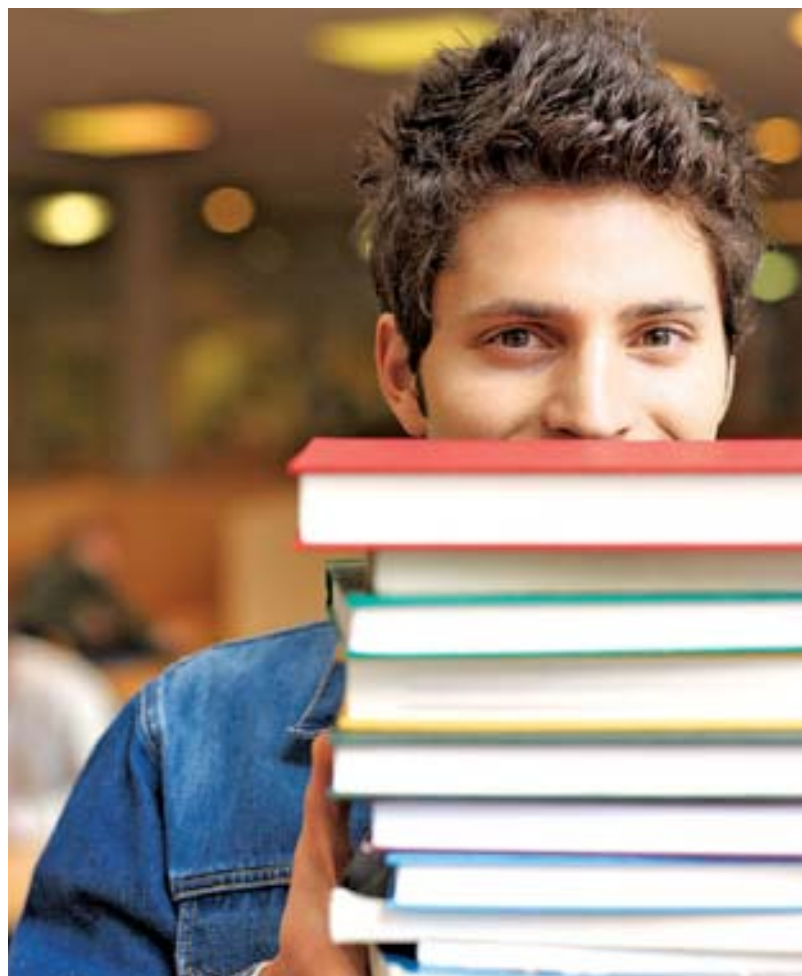
3 "DON'T FORGET TO REACH OUT IF YOU'RE STRUGGLING" — Foran says there are many resources in place at post-secondary institutions to allow students to connect with people whose jobs are simply to help students so they can be successful, such as providing budgeting or counselling services.

GET INVOLVED

Make the most of your time when pursuing a post-secondary education. It's an opportunity to find out who you are and to make lifelong friends and connections. Going to class is just one part of the experience, so be sure to get involved in extracurricular activities.

4 "DON'T FORGET TO EDIT YOUR OWN WORK" — Kaylene McTavish, a third-year public relations student at Mount Royal University in Calgary, recommends editing assignments at least three times before submitting them. She also advises against editing at 3 a.m. and assuming that Microsoft Word will catch your mistakes for you.

5 "DON'T DEPEND ON OTHER PEOPLE FOR NOTES" — Other people's notes don't usually make sense, says Bre Milne, a fourth-year English student at St. Mary's University College in Calgary. Plus, shouldn't one be at the class to take notes for themselves?



STOCKBYTE/THINKSTOCK



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BOOTSTRAPPING FUN AND FRUGAL

LESLEY SCORGIE
MONEY@METRONEWS.CA



Last week I encouraged students to get a job to help put a dent in hefty tuition bills. Many readers agreed. Others thought the column failed to address the larger social issue; that education in Canada has become obscenely expensive. I agree that the costs are extreme.

Students graduate with great career aspirations, loads of debt and a tough Canadian job market. But,

political and social views aside; students still have to find smart ways to manage their finances.

Students, working a part-time job to pay the bills is a great way cover costs, gain experience and meet people. If a job related to your field of study isn't available, try another industry. Eclectic experiences look great on a CV and help diversify your skills.

Educational funds are also available through student loans and lines of credit. But, with debt comes responsibility; only take what you need.

Draw up a budget. Using a spreadsheet or online banking budget tracking tool, list income and expenses.

Apply 'Financial Bootstrapping' techniques to live financially lean and frugal; reduce cellphone bills, dinners out, negotiate for better rental rates or move to a smaller place. Buy text books, laptops, desks and furniture second hand.

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Meet your credit score

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA



Phooey to New Year resolutions. My vote for the best time to become a better (slimmer) person while working for world peace is the fall with its energizing cooler months.

But before you take on the world and its problems or even your own BMI (body mass index), focus on an issue of financial health first — your credit score. It is as important to your financial life as your weight is to your physical well-being.

There are actually two parts to a credit rating. The first is your score.

The bottom line is this: a FICO score of more than 650 means you will likely qualify for most standard

loans including a mortgage, line of credit and car loan. Less than that will probably send you into the arms of higher interest rate lenders. Aim for a score of 700 to give you some leeway.

The second part of your credit rating is your profile — debts, available credit, late payments, closed accounts and other details of your financial life.

It is very important to check your score and profile annually, so make a resolution this very minute to do it before the leaves turn to red and gold.

There are a lot of myths associated with credit scores. Here are three:

1. **Checking my score negatively affects my credit rating.** Nope. Your own inquiry is called a soft-check and doesn't change anything.
2. **Closing old accounts or credit cards will improve my score.** No again. Simplify your financial life by all means, but you are usually



► Alison's money rule: Check your credit report annually to avoid surprises when applying for mortgages and other loans.

better off closing newer accounts or cancelling newer cards.

Retaining recently opened cards and accounts may make it appear you have a short history and a lengthy (good) history is what boosts your score.

3. **As long as I pay all bills and make minimum payments on credit cards my score will be high.** And another no. A key component of your

score is available credit.

Try to use not more than 50 per cent of your credit card or line of credit limits. Better yet, pay off your balance every month.

You can access an abbreviated credit report free from equifax.ca or transunion.ca. A full report plus your score will cost just under \$25. **CONTACT ALISON AT WWW.ALISONGRIFFITHS.CA OR GRIFFITHS.ALISON@GMAIL.COM**

POPQUIZ

I keep reading news about a slowdown in the US economy – should I sell my investments?

A: Money in America? Is that an oxymoron?

B: You should invest! You can't get the ups without going through the downs.

FIND TIPS & TRICKS

in Allan Small's Investment Perspectives Column: *Negative news provides a drag on the market.*

This column and more available at Metronews.ca/YourMoney

Find advice on personal investing, financial planning, student money and calculators provided by TD Bank.

Your money section sponsored by:



metro

Allan Small
Senior Investment Advisor – DundeeWealth

EDMONTON



Apply Now for Vacancies on Agencies, Boards and Commissions

Building Edmonton Board by Board

Advisory Boards	Vacancies
Community Services Advisory Board	3
Edmonton Design Committee	1
Edmonton Historical Board	3
Edmonton Transit System Advisory Board	3
Residential Tenancy Advisory Committee	3
Decision-Making Boards	
Assessment Review Board	1
Edmonton Public Library Board	1
Greater Edmonton Foundation, Housing for Seniors	1
Naming Committee	1
Subdivision and Development Appeal Board	5
Vehicle For Hire Commission	1

City Council values Edmontonians' broad range of talents, abilities, and perspectives. Applicants from diverse backgrounds are encouraged to apply, and preference is given to Edmonton residents. For application packages and more information visit www.edmonton.ca/recruitment, or call the Office of the City Clerk at 780-442-4395.

Application Deadline is **4:30 p.m.**
Friday, September 30, 2011.

THE CITY OF
Edmonton

Eskis catch Stamps on 'vacation'

▶ Sellout crowd heads for exits early as Labour Day Classic ends in blowout in Calgary

The Edmonton Eskimos ended a nasty losing streak by completely dismantling the hottest offence in the CFL.

Edmonton's defence held a Calgary Stampeders offence that averaged 38 points in their previous three games to just a converted touchdown in a 35-7 Labour Day Classic win yesterday.

The Eskimos made life miserable for Calgary quarterback Henry Burris while winning for the second time this season at McMahon Stadium. Burris was sacked three times and forced into committing four turnovers.

Edmonton vaulted into a tie with Calgary at 6-3 atop the CFL's West Division, but rank higher because they're 2-0 versus the Stamps this season. The two clubs meet again for the final time this season on Friday in Edmonton.

The Eskimos were coming off their bye week and ended a three-game losing streak with the win, while ending Calgary's winning streak at four.

"When you're not playing well and on a three-game skid, there's not a lot to be happy about," Edmonton quarterback Ricky Ray said. "We're playing the hottest team in the CFL in their place in a Labour Day game and to come out with a big victory, it's big for us to get back moving in the right direction."

Edmonton backup quarterback Kerry Joseph, Andrew Nowacki and Adarius Bowman scored touchdowns for the visitors in front of 35,650 spectators on a hot, sunny day at McMahon. Fans began to leave at the start of the



▶ Edmonton running back Calvin McCarty tries to get around Calgary defensive back Demetric Morley yesterday.

"Everyone talks about the second half is the real season. Those first eight games, we set ourselves up pretty well and now we've got the momentum to finish off."

ESKIMOS LINEBACKER GREG PEACH

fourth quarter when it was apparent the hosts couldn't catch Edmonton.

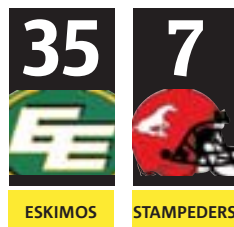
Derek Schiavone kicked field goals from 46, 20, 42 and 22 yards and punter Damon Duval had single points from 79 and 67.

Nik Lewis scored Calgary's lone touchdown in the first quarter.

Edmonton had several

starters out with injuries during their skid. Two returned yesterday and were impact players. Both linebacker Greg Peach (knee) and receiver Bowman (ribs) hadn't played since July 23 when the Eskimos beat the Stamps 24-19 in Calgary.

Burris completed 13 of 23 passes for 132 yards and one touchdown. Backup



Drew Tate replaced Burris midway through the fourth quarter and completed a pass on three attempts for 19 yards.

"Edmonton came here and played like a ticked off

team and we went out there and were on vacation all day," Burris said. "I've got to play better. I started pressing towards the end when we weren't getting some things done and got a couple of interceptions."

With better protection, Ray was 14-for-21 for 131 yards and two touchdowns. Joseph was 3-for-4 for 36 yards and third-stringer Eric Ward completed a pass for a yard.

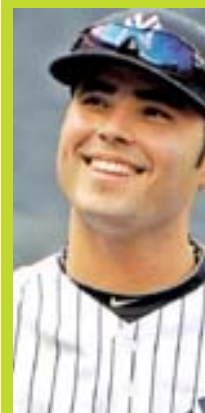
Calgary didn't help their cause with 130 yards in penalties to Edmonton's 62.

THE CANADIAN PRESS

4

sports

Quoted



"I was dreaming of that before. I was always telling myself before, 'One day, I'm going to be that guy.'"

NEW YORK YANKEES ROOKIE JESUS MONTERO, WHO HIT HIS FIRST TWO MAJOR-LEAGUE HOME RUNS YESTERDAY AGAINST BALTIMORE. FOUR GAMES INTO HIS BIG-LEAGUE CAREER, THE 21-YEAR-OLD CATCHING PROSPECT HAS MADE QUITE AN IMPRESSION. SINCE HIS DEBUT AT BOSTON LAST THURSDAY, HE'S BATTING .385 (5 FOR 13) WITH FIVE RUNS AND THREE RBIS.

Williams reaches quarter-finals

Serena Williams fought off the wind, along with brief flurries of effectiveness from her opponent, to advance to the quarter-finals of the U.S. Open yesterday with a 6-3, 6-4 victory over Ana Ivanovic.

Williams closed out the match with four straight serves that Ivanovic could-

n't get back — clocked between 99 and 111 mph in a blustery Arthur Ashe Stadium that had both players fighting with their tosses and topspin all day.

"I didn't even go for winners at any point," said Williams, who hit only 16.

"I just tried to get it over because it was so windy. It

was definitely tough."

The top player on the men's side, Novak Djokovic, opened his fourth-round match with a thrilling 16-14 first-set tiebreaker win over No. 22 Alexandr Dolgoplov. Things got easier from there in a 7-6 (14), 6-4, 6-2 victory. THE ASSOCIATED PRESS

PEYTON MANNING

Iron man no more?

The unthinkable suddenly seems possible in Indianapolis — opening the season without Peyton Manning.

The four-time league MVP who has never missed a start in his NFL

career is doubtful for Sunday's game at Houston because of lingering soreness in his back following off-season neck surgery.

If Manning sits, it would be the first time the NFL's active iron man missed a meaningful game after 227 consecutive starts including the playoffs.

THE ASSOCIATED PRESS



Scan code for more sports news.

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION				
	W	L	Pct	GB
New York	86	53	.619	—
Boston	84	56	.600	2½
Tampa Bay	77	63	.550	9½
Toronto	70	71	.496	17
Baltimore	55	84	.396	31

CENTRAL DIVISION				
	W	L	Pct	GB
Detroit	79	62	.560	—
Cleveland	70	68	.507	7½
Chicago	70	69	.504	8
Kansas City	59	83	.415	20½
Minnesota	58	83	.411	21

WEST DIVISION				
	W	L	Pct	GB
Texas	80	62	.563	—
Los Angeles	77	64	.546	2½
Oakland	64	77	.454	15½
Seattle	58	82	.414	21

Yesterday's results

Toronto 1 Boston 0 (11 innings)
 Chicago White Sox 2 Minnesota 1 (1st game)
 Detroit 4 Cleveland 2
 Kansas City 11 Oakland 6
 N.Y. Yankees 11 Baltimore 10
 Tampa Bay 5 Texas 1
 Chicago White Sox 4, Minnesota 0, 2nd game
 L.A. Angels 7, Seattle 3

Sunday Results

N.Y. Yankees 9 Toronto 3
 Cleveland 9 Kansas City 6
 Detroit 18 Chicago White Sox 2
 L.A. Angels 4 Minnesota 1
 Oakland 8 Seattle 5
 Tampa Bay 8 Baltimore 1
 Texas 11 Boston 4

Saturday Results

N.Y. Yankees 6 Toronto 4
 Boston 12 Texas 7
 Detroit 9 Chicago White Sox 8
 Kansas City 5 Cleveland 1
 L.A. Angels 10 Minnesota 6
 Oakland 3 Seattle 0
 Tampa Bay 6 Baltimore 3
 Texas 11 Boston 4

Tonight's games

Baltimore (Tom.Hunter 3-2) at N.Y. Yankees (P.Hughes 4-5), 7:05 p.m.
 Detroit (Porcello 12-8) at Cleveland (Carmona 6-13), 7:05 p.m.
 Boston (Lester 14-6) at Toronto (L.Perez 3-2), 7:07 p.m.
 Texas (C.Wilson 14-6) at Tampa Bay (Niemann 9-6), 7:10 p.m.
 Chicago White Sox (Peavy 6-7) at Minnesota (Hendriks 0-0), 8:10 p.m.
 Kansas City (Duffy 3-8) at Oakland (Gonzalez 12-11), 10:05 p.m.
 Seattle (F.Hernandez 13-11) at L.A. Angels (E.Santana 11-9), 10:05 p.m.

Tomorrow's games

Detroit at Cleveland, 12:05 p.m.
 Baltimore at N.Y. Yankees, 1:05 p.m.
 Texas at Tampa Bay, 1:10 p.m.
 Kansas City at Oakland, 3:35 p.m.
 Boston at Toronto, 7:07 p.m.
 Chicago White Sox at Minnesota, 8:10 p.m.
 Seattle at L.A. Angels, 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION				
	W	L	Pct	GB
Philadelphia	89	48	.650	—
Atlanta	82	58	.586	8½
New York	68	71	.489	22
Washington	65	74	.468	25
Cleveland	63	77	.450	27½

CENTRAL DIVISION				
	W	L	Pct	GB
Milwaukee	85	57	.599	—
St. Louis	74	67	.525	10½
Cincinnati	69	72	.489	15½
Pittsburgh	65	76	.461	19½
Chicago	61	80	.433	23½
Houston	47	94	.333	37½

WEST DIVISION				
	W	L	Pct	GB
Arizona	81	60	.574	—
San Francisco	74	67	.525	7
Los Angeles	68	72	.486	12½
Colorado	66	75	.468	15
San Diego	61	80	.433	20

Yesterday's results

Arizona 10 Colorado 7
 Chicago Cubs 4 Cincinnati 3
 Milwaukee 4 St. Louis 1
 Pittsburgh 3 Houston 1
 San Francisco 7 San Diego 2
 Washington 7 L.A. Dodgers 2
 Philadelphia 9 Atlanta 0
 Florida 9 N.Y. Mets 3

Sunday Results

Arizona 4 San Francisco 1
 Atlanta 4 L.A. Dodgers 3
 Chicago Cubs 6 Pittsburgh 3
 Cincinnati 3 St. Louis 2 (10 innings)
 Florida 5 Philadelphia 4 (14 innings)
 Milwaukee 4 Houston 0
 N.Y. Mets 6 Washington 3
 San Diego 7 Colorado 2

Saturday Results

Arizona 5 San Francisco 2
 Colorado 5 San Diego 4
 Florida 8 Philadelphia 4
 L.A. Dodgers 2 Atlanta 1 (10 innings)
 Milwaukee 8 Houston 2
 Pittsburgh 7 Chicago Cubs 5
 St. Louis 6 Cincinnati 4
 Washington 8 N.Y. Mets 7

Tonight's games

Atlanta (T.Hudson 14-8) at Philadelphia (Worley 10-1), 7:05 p.m.
 Houston (Myers 3-13) at Pittsburgh (Lincoln 1-1), 7:05 p.m.
 L.A. Dodgers (Lilly 9-13) at Washington (Strasburg 0-0), 7:05 p.m.
 N.Y. Mets (Batista 4-2) at Florida (Volstad 5-12), 7:10 p.m.
 Cincinnati (Leake 11-9) at Chicago Cubs (R.Lopez 4-6), 8:05 p.m.
 Milwaukee (Gallardo 15-9) at St. Louis (Lohse 12-8), 8:15 p.m.
 Arizona (Collmenter 9-8) at Colorado (Hammel 7-13), 8:40 p.m.
 San Francisco (Surrkamp 0-0) at San Diego (LeBlanc 2-4), 10:05 p.m.
Tomorrow's games
 N.Y. Mets at Florida, 5:10 p.m.
 San Francisco at San Diego, 6:35 p.m.
 Atlanta at Philadelphia, 7:05 p.m.
 Houston at Pittsburgh, 7:05 p.m.
 L.A. Dodgers at Washington, 7:05 p.m.
 Cincinnati at Chicago Cubs, 8:05 p.m.
 Milwaukee at St. Louis, 8:15 p.m.
 Arizona at Colorado, 8:40 p.m.

BLUE JAYS 1, RED SOX 0 (11 INN.)

Boston	ab	r	h	bi	Toronto	ab	r	h	bi
Elisburycf	5	0	1	0	McCoyss	3	0	1	0
Pedroia2b	5	0	0	0	Teahenph	0	0	0	0
AdGonz1b	4	0	1	0	Arenedic	0	0	0	0
Avilespr-3b	0	0	0	0	ETHmslf	4	0	0	0
D.Ortizdh	4	0	1	0	Bautistrf	4	0	0	0
Youkilis3b-1b	4	0	0	0	Lindlb	4	0	1	0
Cnwfirdlf	4	0	0	0	Encncdh	5	0	1	0
Reddickrf	5	0	2	0	KJhnsn2b	5	0	1	0
Varitekcf	4	0	0	0	Lawrie3b	3	1	1	1
Scutaro3ss	4	0	2	0	JMolin c	4	0	1	0
Wdwrdpr-ss	0	0	0	0					
Wise cf	4	0	0	0					

Totals Boston 39 0 7 0 Totals Toronto 36 1 6 1
 000 000 000 000 00—0
 000 000 000 000 01—1
 Two outs when winning run scored.
 E—Papellon (1). DP—Boston 2, Toronto 1.
 LOB—Boston 10, Toronto 10. 2B—Ellsbury (37), Ad.Gonzalez (41), Reddick (15), Scutaro (15). HR—Lawrie (8). SB—McCoy 2 (9), Encarnacion 2 (7), Lawrie (5).

Boston	IP	H	R	E	BB	SO
Beckett	32-3	3	0	0	1	4
Aceves	32-3	1	0	0	3	4
D.Bard	12-3	0	0	0	0	2
Papelbon	1	1	0	0	2	3
Wheeler L, 2-2	2-3	1	1	1	0	0
Toronto						
H.Alvarez	6	4	0	0	1	4
C.Villanueva	1	1	0	0	1	0
Janssen	1	1	0	0	1	2
F.Francisco	2	1	0	0	1	2
Camp WJ-3-3	1	0	0	0	0	1
T—35:1 A—27,573 (49,260).						

HOCKEY

IIHF WOMEN'S 12 NATIONS

ROUND ROBIN

GROUP A

	GP	W	OTW	OTL	L	GF	GA	Pt
U.S.	6	6	0	0	0	48	1	18
Sweden	6	5	0	0	1	26	14	15
Canada	6	4	0	0	2	48	13	12
Finland	6	4	0	0	2	25	10	12

GROUP B

	GP	W	OTW	OTL	L	GF	GA	Pt
Slovakia	4	1	0	0	3	5	17	3
Russia	4	0	0	0	4	5	32	0
Japan	4	0	0	0	4	2	32	0
Switzerland	4	0	0	0	4	3	43	0

Group C

	GP	W	O	T	W	O	T	L	GF	GA	Pt
Germany	3	3	0	0	0	0	0	10	5	9	
Norway	3	2	0	1	0	1	0	14	8	7	
Czech Republic	3	1	0	0	2	6	10	3			
France	3	0	0	0	3	3	10	0			

Note: Three points awarded for a win in regulation, two for an overtime win and one for losing in overtime.

Note: Three points awarded for a win in regulation, two for an overtime win and one for losing in overtime.

Saturday Result

At Vierumaki, Finland

Finland 4 Sweden 2

Friday Result

At Vierumaki, Finland

Sweden 3 Finland 1

END OF TOURNAMENT

TENNIS

U.S. OPEN

At New York

MEN

Singles

Fourth Round

Novak Djokovic (1), Serbia, def. Alexandr Dolgoplov (22), Ukraine, 7-6 (14), 6-4, 6-2.
 Jo-Wilfried Tsonga (11), France, def. Mardy Fish (8), U.S., 6-4, 6-7 (5), 3-6, 6-4, 6-2.
 Janko Tipsarevic (20), Serbia, def. Juan Carlos Ferrero, Spain, 7-5, 6-7 (3), 7-5, 6-2.

Doubles

Third Round

Mahesh Bhupathi and Leander Paes (4), India, def. Somdev Devvarman, India, and Treat Conrad Huey, Philippines, 6-4, 7-5.
 Mariusz Fyrstenberg and Marcin Matkowski (6), Poland, def. Jamie Delgado and Jonathan Murray, Britain, 6-7 (5), 6-2, 6-3.
 Jurgen Melzer, Austria, and Philipp Petzschner (9), Germany, def. Sergiy Stakhovsky, Ukraine, and Mikhail Youzhny, Russia, 7-6 (3), 6-3.

WOMEN

Singles — Fourth Round

Caroline Wozniacki (1), Denmark, def. Svetlana Kuznetsova (15), Russia, 6-7 (6), 7-5, 6-1.
 Anastasia Pavlyuchenkova (17), Russia, def. Francesca Schiavone (7), Italy, 5-7, 6-3, 6-4.
 Andrea Petkovic (10), Germany, def. Carla Suarez Navarro, Spain, 6-1, 6-4.
 Serena Williams (28), U.S., def. Ana Ivanovic (16), Serbia, 6-3, 6-4.

Doubles — Third Round

Kveta Peschke, Czech Republic, and Katarina Srebotnik (1), Slovenia, def. Hsieh Su-wei, Taiwan, and Galina Voskoboeva, Kazakhstan, 6-3, 6-1.
 Sara Errani and Roberta Vinci (15), Italy, def. Gisela Dulko, Argentina, and Flavia Pennetta (2), Italy, 4-6, 7-5, 6-2.
 Vania King, U.S., and Yaroslava Shvedova (3), Kazakhstan, def. Jessica Pegula and Taylor Townsend, U.S., 6-4, 6-2.
 Maria Kirilenko and Nadia Petrova (5), Russia, def. Maria Jose Martinez Sanchez and Anabel Medina Garrigues (12), Spain, 6-2, 6-3.
 Daniela Hantuchova, Slovakia, and Agnieszka Radwanska, Poland, def. Alla Kudryavtseva and Ekaterina Makarova, Russia, 6-3, 4-6, 6-2.

MIXED DOUBLES

Quarter-finals

Elena Vesnina, Russia, and Leander Paes (7), India, def. Olga Govortsova, Belarus, and Marcin Matkowski, Poland, 6-2, 6-4.
 Gisela Dulko and Eduardo Schwank (8), Argentina, def. Jarmila Gajdosova, Australia, and Bruno Soares, Brazil, 3-6, 6-3, 10-8 (tiebreak).
 Lucie Hradecka and Frantisek Cermak, Czech Republic, def. Irina Falconi and Steve Johnson, U.S., 7-5, 7-5.
 Melanie Oudin and Jack Sock, U.S., def. Barbora Zlahavova Strycova, Czech Republic, and Philipp Petzschner, Germany, 6-3, 7-6 (3).

GOLF

PGA DEUTSCHE BANK CHAMPIONSHIP

At NORTON, Mass.

Par-71

Final round

(x-won on second hole of playoff)

x-Webb Simpson, \$1,440,000 69-68-67-65—269
 Chez Reavie, \$864,000 67-68-68-66—269
 Jason Day, \$416,000 67-69-67-68—271
 Luke Donald, \$416,000 66-70-68-67—271
 Brandt Snedeker, \$416,000 69-64-72-66—271
 Jim Furyk, \$288,000 73-68-66-66—273
 Bo Van Pelt, \$268,000 68-71-69-66—274
 Adam Scott, \$240,000 69-63-71-71—274
 Phil Mickelson, \$177,333 70-73-63-69—275
 Kyle Stanley, \$177,333 68-71-68-68—275
 Blake Adams, \$177,333 70-73-68-70—275
 Jerry Kelly, \$177,333 66-69-68-72—275
 Ryan Moore, \$177,333 68-68-69-70—275
 Brendan Steele, \$177,333 69-67-67-72—275
 Ernie Els, \$120,000 70-65-71-70—276
 Zach Johnson, \$120,000 68-69-69-70—276
 Robert Karlsson, \$120,000 74-67-64-71—276
 Steve Marino, \$120,000 67-72-68-69—276
 Bubba Watson, \$120,000 68-64-70-74—276
 Chad Campbell, \$86,400 71-67-69-70—277
 Lucas Glover, \$86,400 69-69-69-70—277
 Charl Schwartzel, \$86,400 66-66-72-73—277

BASKETBALL

FIBA AMERICAS 2012 OLYMPIC QUALIFYING

At Mar del Plata, Argentina

QUARTER-FINAL ROUND

GROUP A

	GP	W	L	Pt
x-Dominican Rep.	4	3	1	7
x-Brazil	4	3	1	7
x-Venezuela	4	2	2	6
x-Canada	4	2	2	6
Cuba	4	0	4	4

GROUP B

	GP	W	L	Pt
x-Arentina	4	4	0	8
x-Puerto Rico	4	3	1	7
x-Uruguay	4	2	2	6
x-Panama	4	1	3	5
Paraguay	4	0	4	4

Note: Two points awarded for a win, one for a loss; games against common opponents carried over to quarter-finals.

Yesterday's results

Argentina 79 Canada 53
 Dominican Republic 92 Panama 68
 Puerto Rico 94 Venezuela 82
 Brazil 93 Uruguay 66

Today's games

Puerto Rico vs. Canada, 10:30 a.m.
 Uruguay vs. Dominican Republic, 1 p.m.
 Argentina vs. Venezuela, 5 p.m.
 Panama vs. Brazil, 7:30 p.m.
Tomorrow's games
 Canada vs. Uruguay, 10:30 a.m.
 Venezuela vs. Panama, 1 p.m.
 Brazil vs. Argentina, 5 p.m.
 Dominican Republic vs. Puerto Rico, 7:30 p.m.

Thursday Games

Panama vs. Canada, 10:30 a.m.
 Uruguay vs. Venezuela, 1 p.m.
 Argentina vs. Dominican Republic, 7:30 p.m.
 Puerto Rico vs. Brazil, 7:30 p.m.

END OF QUARTER-FINAL ROUND

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Columbus	26	11	8	7	31	30	40
Kansas City	27	9	8	10	40	36	37
Houston	27	8	8	11	34	33	35
Philadelphia	25	8	7	10	31	26	34
New York	26	6	6	14	41	37	32
D.C. United	24	7	7	10	34	35	31
Chicago	26	4	7	15	30	33	27
Toronto	28	4	12	12	26	49	24
New England	26	4	11	11	26	39	23

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Los Angeles	27	14	3	10	39	22	52
Seattle	27	13	5	9	42	29	48
Dallas	27	13	7	7	36	29	46
Real Salt Lake	25	12	7	6	35	21	42
Colorado	28	10	7	11	39	36	41
Portland	26	9	12	5	33	41	32
Chivas USA	27	7	10	10	32	30	31
San Jose	26	5	10	11	27	35	26
Vancouver	26	4	13	9	27	42	21

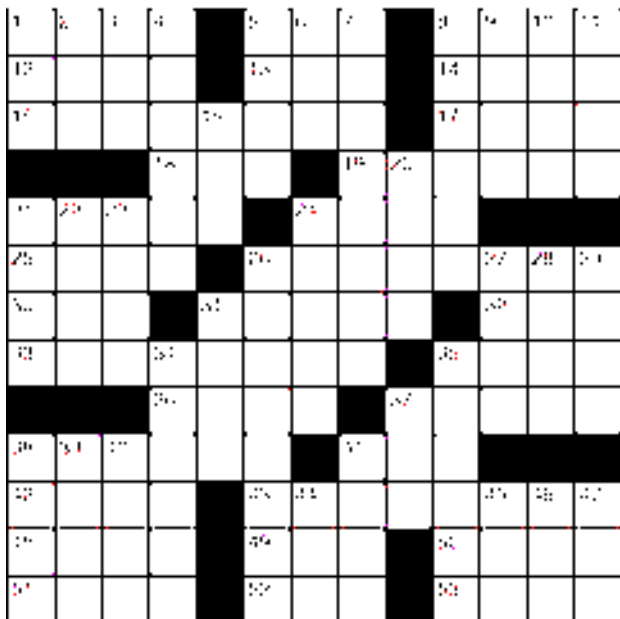
Crossword

Across

- 1 "Woe is me!"
- 5 Snapshot, for short
- 8 Church section
- 12 Chore
- 13 Blonde shade
- 14 Bucket
- 15 Anise-flavored liqueur
- 17 Nursery color, maybe
- 18 Larry and Curly's cohort
- 19 Heavy hammer
- 21 Lights
- 24 On the briny
- 25 "Hi, sailor!"
- 26 Engrossed
- 30 More (Sp.)
- 31 Sculptor Oldenburg
- 32 Regret
- 33 Not concrete
- 35 Actress Sorvino
- 36 Corn peel
- 37 Energy
- 38 Yell sharply
- 41 Chaps
- 42 Nickel, for one
- 43 Missing person?
- 48 Uncontrollable
- 49 Postal Creed word
- 50 Davenport's site
- 51 Wagers
- 52 Bribe
- 53 Basin accessory

Down

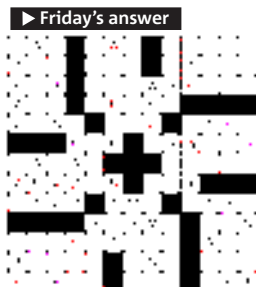
- 1 — glance
- 2 Science workshop
- 3 Fool
- 4 Meager
- 5 Cracker spread
- 6 Somewhat (Suff.)



- 7 Board and 32 pieces
- 8 Seem
- 9 Settled a debt
- 10 Croon
- 11 Actress Sommer
- 16 Ph. bk. data
- 20 Many summertime births
- 21 Dalai —
- 22 Moby Dick's pursuer
- 23 Rolling stone's lack
- 24 Unawares
- 26 Fairbanks folks
- 27 Naval hoosegow
- 28 Continental coin

- 29 Darling
- 31 Motley —
- 34 Uses one's gray matter
- 35 Mickey's girlfriend
- 37 Flying geese's formation
- 38 Wound cover
- 39 Kansas, to Dorothy
- 40 Urban disturbance
- 41 Abbr. that may cause sticker shock
- 44 Ghost's cry
- 45 AAA job
- 46 Lamb's mama
- 47 Listener

Friday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer



A look at the weather

- TODAY** Min 12° Max 26° **WEDNESDAY** Min 14° Max 28° **THURSDAY** Min 13° Max 28°

Michele McDougall Weather Specialist

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 6AM



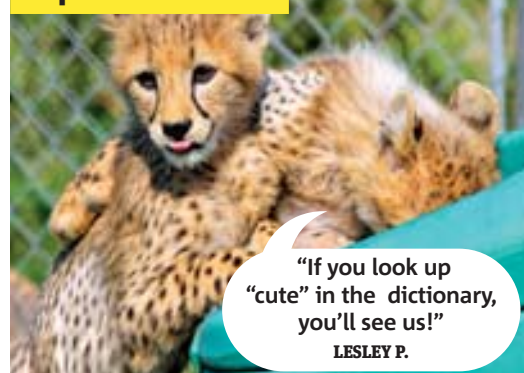
Today's horoscope

♈ Aries March 21-April 20 Over the next 24 hours, don't burn yourself out. Just focus on what is most important — and do it.
♉ Taurus April 21-May 21 Don't be put off if someone you meet seems a bit too detached emotionally. You have things in common.
♊ Gemini May 22-June 21 There are times when you say things to shock those around you. Be ready for the backlash.
♋ Cancer June 22-July 22 Be honest with loved ones. Let them know what they are doing wrong.

♌ Leo July 23-Aug. 23 You may be trying to deny your feelings, but is it worth the effort? You know it's bad to bottle them up. Express.
♍ Virgo Aug. 24-Sept. 22 Events may have taken some of the gloss off your achievements over the past few days. You'll shine soon.
♎ Libra Sept. 23-Oct. 23 Think deeply about your life and where it is headed. Then act.
♏ Scorpio Oct. 24-Nov. 22 You may not agree with what certain people are up to but it is not your place to question their actions.

♐ Sagittarius Nov. 23-Dec. 21 Every time you try to get started on something, a force holds you back. It may not be the right time.
♑ Capricorn Dec. 22-Jan. 20 Avoid people and places that depress you. Your mood will improve.
♒ Aquarius Jan. 21-Feb. 18 A friend or colleague will give you excellent advice today. If you are smart, you will listen and learn.
♓ Pisces Feb. 19-March 20 One-to-one relationships are under both helpful and challenging stars right now. **SALLY BROMPTON**

Caption contest



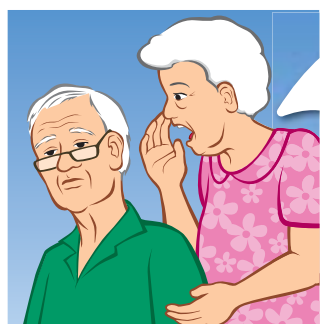
"If you look up 'cute' in the dictionary, you'll see us!"
LESLEY P.

DAVE CHIDLEY/ THE CANADIAN PRESS



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